



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ACT MOVE & VISUALIZE

**MN CONSERVATORY
FOR THE ARTS PRESENTS**



OPEN TO MEMBERS AND NON-MEMBERS!

MCA Dance Sampler

Want to try dance, but you're not sure which style to choose? During this sampler class you will learn about and test out jazz, ballet and modern dance. Students will love expressing themselves through movement, gaining knowledge of different dance forms and benefit from moving in space with others. No prior dance experience necessary. Dress in moveable clothing (not too baggy), with hair pulled off the face and neck.

Dates: January 17th - March 7th
Times: Thursday, 4:15 - 5:00 PM
Ages: 6 - 9 years old
Location: YMCA Community Room
Fee: Member \$50 / Non-Member \$70



Adventures in Ballet - Frozen

Your little one is invited on a magical journey that will tickle their imaginations as they fall in love with ballet during this class perfect for "Frozen" and dance enthusiasts.

Dates: January 17th - March 7th
Times: Thursday, 5:15 - 5:45 PM
Ages: 3 - 5 years old
Location: YMCA Multipurpose Room
Fee: Member \$50 / Non-Member \$70



For more information contact:

Skylar DeGroot, Youth Sport Director; (507) 454 - 1520 / sdegroot@winonaymca.org